



SERS
Express Scripts
Prescription Drug
Coverage Guide

2018

SERS Express Scripts Prescription Drug Coverage Guide

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Welcome

This guide has information on prescription coverage for Aetna and Paramount plan participants. Express Scripts administers your prescription drug coverage.

The SERS Formulary

The SERS Formulary is our prescription plan's list of covered medications. It is made up of generic and brand-name medications that are high quality and cost-effective. The medications on the formulary are listed as "preferred" medications.

GENERIC MEDICATIONS

Generic medications are comparable to brand-name medications. They are approved by the U.S. Food and Drug Administration, and meet the same standards as brand-name medications. However, they usually cost about half as much.

NON-PREFERRED MEDICATIONS

Non-preferred medications are brand-name medications not on the SERS Formulary. You pay 100% of the cost for these medications.

Prescription Fills

RETAIL PHARMACIES

Present your Express Scripts ID card when getting a prescription at a retail pharmacy.

- Non-Medicare enrollees pay 100% of the cost for any maintenance medication refills at retail (see Maintenance Refills on page 4).
- When you use a pharmacy not in the Express Scripts network, you pay 100% of SERS' cost of the medication.
- If the cost of the medication is less than the co-pay, you pay the lower cost of the medication.
- Only Medicare plan participants can receive a 90-day supply of medication at retail pharmacies.

HOME DELIVERY

Home delivery makes sense for participants who take medication on a long-term basis. If you don't have your maintenance medication refills set up through home delivery, here's how to get started:

- Contact your doctor. The fastest, easiest way to set up home delivery is to ask your doctor's office to send your maintenance prescriptions electronically to Express Scripts.
- Contact Express Scripts directly. If you have questions about getting your medication delivered to your home, call a customer service representative at the number on the back of your Express Scripts ID card.

MANAGING YOUR PRESCRIPTIONS ONLINE

You can set up a secure, online account to manage your prescriptions. An online account allows you to:

- Order refills and track the status of orders
- Locate participating retail pharmacies
- Check the co-pay for a particular medication

To set up an account, go to www.express-scripts.com. Have your Express Scripts ID number ready. Follow the on-screen prompts to register.

Non-Medicare Co-Pays (Aetna Choice POS II)

	Retail (30-day supply)	Home Delivery (90-day supply)
Generic	\$7.50 co-pay max.	\$15 co-pay max.
Preferred brand name	25% of cost (min. \$25, max. \$100)	25% of cost (min. \$45, max. \$200)
Specialty medications	25% of cost (min. \$25, max. \$100) Only certain specialty medications allowed at retail.	25% of cost (min. \$15, max. \$67 per 30-day supply) Different co-pay amounts apply for medications eligible for SaveonSP co-pay assistance program.
Non-preferred brand name	No coverage	No coverage
Insulin Only		
Preferred brand name	25% of cost (min. \$25, max. \$30)	25% of cost (min. \$45, max. \$60)
Non-preferred brand name	25% of cost (max. \$45)	25% of cost (max. \$115)

In the event of a conflict between this information and the plan documents, the plan documents prevail.

MAINTENANCE REFILLS

Maintenance medications are drugs used to treat conditions that are considered chronic. These conditions require regular or daily use of maintenance medications.

Beginning January 1, 2018, maintenance medications for the Aetna Choice POS II plan may **only** be filled through home delivery. New prescriptions may be filled for the first time at a retail pharmacy, but all **refills must be obtained through home delivery.**

SPECIALTY MEDICATIONS

Specialty medications typically require special handling, administration, or monitoring. They are used to treat complex and chronic conditions like cancer, multiple sclerosis, and rheumatoid arthritis.

Beginning January 1, 2018, all specialty medications for the Aetna Choice POS II plan **must** be filled by mail order through Accredo, Express Scripts' specialty pharmacy. Accredo sends deliveries overnight. The only retail pharmacy exceptions are specialty medications that must be taken within 24 hours of a hospital discharge.

If you have questions, call Express Scripts toll-free at 866-685-2791.

SPECIALTY CO-PAY ASSISTANCE

SERS participates in a co-pay assistance program with SaveonSP, which takes advantage of funds available from drug manufacturers to lower your cost and the amount that SERS pays.

Accredo determines whether your specialty medication is eligible for co-pay assistance. If it is, you will be contacted by SaveonSP to enroll and lower your cost to \$0. SaveonSP **only** contacts you if your specialty medication is eligible for this assistance. If you choose not to participate, you will pay a significant co-pay.

The specialty medications in this program are considered non-essential health benefits under the plan, and your co-pay expenses will not be applied toward satisfying the out-of-pocket maximum. If you take a specialty drug that is not included in the co-pay assistance program with SaveonSP, your prescription will be subject to the specialty medication co-pays on page 4.

NON-PREFERRED MEDICATION

Brand-name medications not on the SERS formulary are called “non-preferred.” You pay 100% of the cost for these medications. You cannot receive these medications through mail order.

Insulin is an exception to this rule. Both preferred and non-preferred brands of insulin are covered.

Proton Pump Inhibitors taken to control acid reflux are not covered. Most are available as over-the-counter medications.

If you have a medical reason for taking a non-preferred brand medication, you can request to receive it at the preferred cost. Your prescriber must file a Coverage Determination Request on your behalf with Express Scripts, and provide a statement supporting the request. Express Scripts then reviews the request, and sends you and your prescriber a determination.

Non-preferred medications do not count toward your out-of-pocket maximum. If you reach the out-of-pocket maximum, Express Scripts pays 100% of costs until the end of the year.

PREFERRED GLUCOSE TEST STRIPS

Preferred-brand glucose test strips are available without a co-pay. You also can get a blood glucose meter at no charge to use with the preferred-brand test strips.

Non-Medicare participants should call Express Scripts' customer service number to ask which test strips and meters are free.

Medicare Co-Pays

(Aetna Medicare and Paramount Elite)

	Retail (30-day supply)	Home Delivery (90-day supply)
Generic	\$7.50 co-pay max.	\$15 co-pay max.
Preferred brand name	25% of cost (min. \$25, max. \$100)	25% of cost (min. \$45, max. \$200)
Specialty medications	25% of cost (min. \$25, max. \$100)	25% of cost (min. \$15, max. \$67 per 30-day supply)
Non-preferred brand name	No coverage	No coverage
Insulin Only		
Preferred brand name	25% of cost (min. \$25, max. \$30)	25% of cost (min. \$45, max. \$60)
Non-preferred brand name	25% of cost (max. \$45)	25% of cost (max. \$115)

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What you pay for non-preferred medications is not included in the costs that apply to reaching the coverage gap (donut hole).

MEDICARE PART B MEDICATIONS AND SUPPLIES

Medications and supplies covered by Medicare Part B are billed through your Aetna MedicareSM Plan (PPO) or Paramount Elite Medicare Advantage, rather than through Express Scripts.

Your medical plan covers glucose testing strips, meters, and lancets.

The medications listed below are covered by either your medical or prescription drug plan:

- Immune suppression medications, such as Imuran
- Nebulizer medications, such as Albuterol
- Oral anti-nausea medications, such as Zofran
- Oral chemotherapy medications, such as Methotrexate

In order to determine which plan covers the cost, your medical plan and Express Scripts review the situation under which the medication is prescribed.

PREFERRED GLUCOSE TEST STRIPS

Preferred-brand glucose test strips are available without a co-pay. You also can get a blood glucose meter at no charge to use with the preferred-brand test strips.

Medicare participants should use their medical plan card for test strips and meters.

Coverage Rules For All Plans

There are other coverage rules that may affect you:

- **Prior Authorization** – Your prescriber must contact the plan before you can fill prescriptions for certain medications. Your prescriber may need to show the medication is medically necessary for the plan to cover it.
- **Quantity Limits** – Limits how much medication you can get at one time.
- **Step Therapy** – You must try one or more similar, lower-cost medications before the plan will cover a more expensive one.
- **Compounded Medications** – Some are covered; Prior authorization may be required.

If your doctor thinks that one of these coverage rules should not be applied to your situation, you can ask for an exception.

PRIOR AUTHORIZATION

Some medications are covered only for certain uses. Your doctor may need to provide additional information to Express Scripts. This can delay the processing of your prescription.

You will be told when prior authorization is needed to fill a prescription. You will be given a special toll-free number for your doctor to call. If the prescription is for home delivery, Express Scripts will make three attempts to contact your doctor for the information before notifying you.

Express Scripts will review the additional information provided by your doctor, and will let you and your doctor know its decision. If you are denied coverage, you will be provided with information on how to file an appeal.

Medicare plan participants who have questions about prior authorization should call Express Scripts toll-free at 866-258-5819.

Non-Medicare plan participants should call 866-685-2791.

These medications require prior authorization:

- Acne gels, such as Tazorac
- Alertness medications, such as Provigil, Nuvigil
- Anabolic steroids
- Antidepressant medications, such as Celexa, Lexapro, Prozac, Paxil and Zoloft
- Anxiety, certain medications
- Arcalyst

- Barbiturates
- Blood cell growth factors, like Granix, Neulasta, Neupogen, Promacta, Zarxio, etc.
- Botox, Dysport, Myobloc, Xeomin
- Cancer treatment, medications such as Afinitor, Alecensa, Bosulif, Caprelsa, Cometriq, Cotellic, Erivedge, Farydak, Gilotrif, Gleevec, Ibrance, Iclusig, Imbruvica, Inlyta, Iressa, Jakafi, Kadcyla, Keytruda, Lemtrada, Lenvima, Lonsurf, Lynparza, Mekinist, Nexavar, Ninlaro, Odomzo, Opdivo, Revlimid, Rituxan, Sprycel, Stivarga, Sutent, Tafinlar, Tagrisso, Tarceva, Tassigna, Thalidomid, Tykerb, Votrient, Xalkori, Xtandi, Zelboraf, Zydelig, and Zykadia
- Chenodal
- Cholbam
- Cialis
- Compounds
- Corlanor
- Daraprim
- Diabetes medications, such as Byetta, Bydureon, Symlin and Victoza
- Egrifta
- Estrogen, certain products
- Fentanyl in certain forms
- Firazyr
- Gabapentin (generic for Neurontin)
- Grastek
- Growth hormones
- Hepatitis C medications, such as Harvoni
- High risk medications for seniors, such as Cogentin, phenobarbital, etc.
- Hetlioz
- Ilaris
- Increlex
- Inflammatory disease medications, such as Actemra, Cimzia, Entyvio, Orencia, Simponi, and Stelara
- Immunoglobulins
- Juxtapid
- Kalydeco
- Lovaza
- Megace and similar drugs
- Multiple sclerosis medications, such as Ampyra, Aubagio, Cinryze, Avonex, Betaseron, Copaxone, Glatopa, Plegridy, Extavia, Gilenya, Rebif, Tecfidera, Tysabri

- Myalept
- Northera
- Osteoporosis medications that are injected, such as Boniva, Prolia, Forteo and Reclast
- Prolastin, Aralast, Zemaira, and similar medications
- Psoriasis medications, such as Humira, Enbrel, Raptiva, Remicade, Amevive, Otezla, Stelara, Taltz, and Cimzia
- Pulmonary hypertension medications, such as Adcirca, Adempas, Flolan, Letairis, Opsumit, Remodulin, Sildenafil, Tyvaso, Upravi, and Ventavis
- Rheumatoid arthritis medications, such as Remicade, Enbrel, Orencia, Humira, Kineret, Actemra, Simponi, Xeljanz, and Cimzia
- Selzentry
- Sensipar
- Samsca
- Signafor
- Suboxone
- Syprine
- Testosterone products, such as Androgel, Axiron, etc.
- Topamax
- Topical medications, such as Elidel, Protopic, Zovirax, Dupixent
- Topical Tretinoin products, such as Retin-A, Atralin, Avita, Ziana
- Weight loss medication
- Xarelto and Pradaxa
- Xenazine generic
- Xermelo
- Xolair
- Xyrem
- Zonegran

This list is subject to change. Express Scripts may require specific test results before authorizing certain medications.

QUANTITY LIMITS

Federal regulations sometimes limit the amount of a medication you can get at one time. If your prescription exceeds these quantities, you will be notified.

Medications for pain management, such as oxycodone, hydrodone, fentanyl, Valium, or Xanax have quantity limits. Other medications also may have quantity limits.

STEP THERAPY

You must try one or more similar, lower cost medications before the plan will cover the more expensive prescribed medication.

Step Therapy is used for certain medications prescribed to treat conditions such as arthritis, high blood pressure, and high cholesterol.

New prescriptions are subject to Step Therapy. If you choose to have the prescription filled without trying Step Therapy, you will pay 100% of the cost of the prescription.

STEP 1: Step 1 medications are recommended for you to take first.

You pay the lowest co-pay for these medications. If you have previously tried a Step 1 medication, and you and your doctor decide this medication isn't appropriate for you, then your doctor can prescribe a Step 2 medication.

STEP 2: Step 2 medications are preferred brand-name medications.

These medications are recommended only if a Step 1 medication does not work. Step 2 medications are more expensive.

Your pharmacy will be alerted when a prescription is subject to Step Therapy. You will be given an Express Scripts telephone number that you should give to your doctor.

You can appeal Express Scripts' initial determination to follow the recommended Step Therapy medication. If you are denied, Express Scripts will provide you with information on how to file an appeal.

Step Therapy is usually required for these categories:

- Alzheimer's medications, such as Aricept, Cognex, Exelon, Razadyne
- Bile Acid Sequestrants, like Colestid and Questran
- Diabetes medications, such as Actos, Diabeta, Glucophage, Riomet
- Gout medication Uloric
- Heart medications, such as Accupril, Altace, Benicar, Calan, Cozaar, Diovan, Hyzaar, Procardia, Vasotec
- High cholesterol medications, such as Flopid, Tricor, Zetia
- Medications for ADHD
- Pain and inflammation medications, such as Motrin or Voltaren, and long-acting opioids
- Sedative hypnotics, such as Rozerem
- Tetracycline medications, such as Adoxa, Solodyn
- Topical corticosteroids

COMPOUNDED MEDICATIONS

“Compounding” is when a pharmacist combines or mixes medicines to create a medication for an individual based on a prescription from a doctor. For example, a compounded medication may be made for someone who cannot swallow a pill and needs a medicine in liquid form that is not otherwise available.

Compounded medications are not approved by the Food and Drug Administration (FDA), so there is no way to confirm their quality, safety, and effectiveness. However, they may be used if an FDA-approved, commercially available drug does not work for you.

All compounded medications are reviewed by Express Scripts. Some compounds may not be covered based on specific clinical criteria. You have the right to appeal any denial of coverage.

Prescriptions Not Covered

This is a partial list of situations or types of prescriptions not covered:

- Medications dispensed in a hospital; they are typically covered under your medical plan
- Prescriptions covered by Workers' Compensation
- Prescriptions for fertility, erectile dysfunction, or cosmetic purposes
- Over-the-counter medications, and herbal or homeopathic preparations
- Non-preferred medications
- Repackaged prescriptions
- Durable Medical Equipment, certain vaccines, and diagnostic testing agents
- Maintenance medication refills at a retail pharmacy for non-Medicare plans only

Call Express Scripts with questions about whether a medication is covered.

Contact Information

Aetna Choice POS II

www.aetna.com
Toll-free: 800-826-6259
TDD: 711

Aetna MedicareSM Plan (PPO)

www.aetna.com
Toll-free: 866-282-0631
TDD: 711

Express Scripts

www.express-scripts.com

Medicare

Toll-free: 866-258-5819
TDD: 800-716-3231

Non-Medicare

Toll-free: 866-685-2791
TDD: 800-759-1089

Paramount Elite Medicare Advantage

www.paramounthealthcare.com
Toll-free: 800-462-3589
TDD: 888-740-5670



School Employees Retirement System of Ohio

300 E. Broad St., Suite 100, Columbus, Ohio 43215-3746
614-222-5853 • Toll-free 800-878-5853

www.ohsers.org