Important Flu, Pneumonia, and Shingles Vaccination Information for:

Paramount Elite Medicare Advantage

The Centers for Disease Control and Prevention recommends the following adult immunization schedule:

- **Flu**, one dose every year
- **Pneumonia**, one dose every five years beginning at age 65 unless medical reasons require vaccination at an earlier age
- **Shingles**, one dose per lifetime for adults age 60 or older

*Always check with your doctor before receiving any vaccination. Also, consider taking advantage of any free vaccine offerings in your community.*

Your Medical Plan Covers Flu and Pneumonia Vaccinations

**What do I need to know if I go to my doctor’s office?**

- Show your Paramount Elite ID card.
- The flu and pneumonia vaccines, and their administration are covered as preventive care and are covered at 100% as long as you are using a participating provider (primary care physician or a participating specialist).
- You may be responsible for an office visit co-pay if the doctor provides any other services during your appointment.

**What if I go to a pharmacy?**

- Show your Paramount Elite ID card.
- The preventive vaccines and their administration are only covered in full at the specific pharmacy providers listed below:
  - All Kroger locations in Ohio and Michigan
  - All Meijer locations
  - The Medicine Shoppe in Lambertville, Michigan
  - The Pharmacy Counter – three locations in Toledo:
    2655 W. Central Ave., 1515 S. Byrne Road, and 2701 Navarre Ave.

**What if I use a vaccine clinic?**

- The only participating immunization clinic is the Mollen Immunization Clinic, located in Walmart and Sam’s Club stores nationwide.
- Show your Paramount HMO ID card.
- You do not need a prescription to receive a flu or pneumonia vaccine in Ohio.

Contact information for your health plan is found on the back of your ID card.
Your Prescription Drug Plan Covers the Shingles Vaccination

What do I need to know if I go to my doctor’s office?

- Show your Express Script ID card.
- The shingles vaccine and its administration are covered at 100%.
- If the doctor’s office asks you for payment, you are responsible for paying the bill and requesting reimbursement from your prescription drug plan. Ask the doctor’s office for an itemized bill and proof of payment. Contact Express Scripts for a reimbursement form.
- You may be responsible for an office visit co-pay if the doctor provides any other services during your appointment.
- If your doctor’s office asks you to pick up the vaccine at a pharmacy prior to your appointment, show your Express Scripts ID card at the pharmacy when purchasing the vaccine.

What if I go to a pharmacy?

- Show your Express Scripts ID card.
- The shingles vaccine and its administration are covered at 100%.
- You do not need a prescription to receive a shingles vaccine in Ohio.
- If the pharmacy asks you for payment, you are responsible for paying the bill and requesting reimbursement from your prescription drug plan. Ask for an itemized bill and proof of payment. Contact Express Scripts for a reimbursement form.

What if I use a vaccine clinic?

- The shingles vaccine and its administration are covered at 100%.
- If the immunization clinic asks you for payment, you are responsible for paying the bill and requesting reimbursement from your prescription drug plan. Ask for an itemized bill and proof of payment. Contact Express Scripts for a reimbursement form.

Contact information for your prescription drug plan is found on the back of your ID card.