



Helpful Resources

School Employees Retirement System of Ohio

**800-878-5853 (toll-free) or email healthcare@ohsers.org
www.ohsers.org**

Medicare Basics

Visit www.ohsers.org and type “Medicare Basics” in the search bar.

Learn about the different parts of Medicare, what each covers, and how they work together with SERS health coverage. Videos include:

- Signing Up for Medicare
- Why It’s Important to Pay Your Part B Premium
- What Medicare Covers
- All About Medicare Part D
- Your Medicare Coverage Choices

Medicare

www.medicare.gov

Provides answers about Medicare eligibility and coverage.

www.socialsecurity.gov/medicare

When you become eligible for Medicare, contact the Social Security Administration to enroll. In some circumstances, you may be automatically enrolled in Medicare if you are already receiving Social Security.

Ohio Senior Health Insurance Information Program (OSHIIP)

800-686-1578 (toll-free)

www.insurance.ohio.gov

Once you reach the Ohio Department of Insurance website, click “Medicare Services” on the top navigation bar. OSHIIP provides free health insurance information and services for people with Medicare.

Ohio Department of Aging

800-266-4346 (toll-free)

www.aging.ohio.gov

Call or go online to learn about the benefits and resources available for seniors within the state of Ohio. For more information on specific resources, call the following toll-free numbers:

- Area Agencies on Aging 866-243-5678
- Golden Buckeye Program 800-422-1976
- Home Energy Assistance Program..800-282-0880
- Long-term Care Ombudsman 800-282-1206

HEALTHY U and STEADY U programs are available throughout Ohio. Contact your Area Agency on Aging toll-free at 866-243-5678 to learn more.

- HEALTHY U helps Ohioans stay active, make healthy choices, and manage chronic health conditions.
- STEADY U helps Ohioans understand that falls are not a normal part of aging and that most falls can be prevented through minor changes in home, health, and habits.