



Important Flu, Pneumonia, and Shingles Vaccination Information for:

AETNA CHOICE POS II / AETNA TRADITIONAL CHOICE

The Centers for Disease Control and Prevention recommends the following adult immunization schedule:

- **Flu:** One dose every year
- **Pneumonia:** There are 2 types of pneumococcal vaccines. You should get 1 dose of PCV13 and at least 1 dose of PPSV23 depending on your age and health condition.
- **Shingles:** Two doses of Shingrix 2-6 months apart for adults age 50 or older regardless of past shingles episode or Zostavax vaccine

Always check with your doctor before receiving any vaccination. Also, consider taking advantage of any free vaccine offerings in your community.

What do I need to know if I go to my doctor's office?

- Show your Aetna ID card.
- The vaccines and their administration are covered at 100%. The provider's office will need to bill the service as a "preventive service."
- If the doctor's office asks you for payment, you are responsible for paying the bill and requesting reimbursement from your medical plan. Ask for an itemized bill and proof of payment. Contact Aetna for a reimbursement form.
- Your doctor's office will need to provide you with a prescription only if they ask you to pick up the vaccine at a pharmacy prior to your appointment. Show your Express Scripts ID card at the pharmacy when purchasing the vaccine.
- You may be responsible for an office visit co-pay if the doctor provides any other services during your appointment.

What if I go to a pharmacy?

- Show your Express Scripts ID card.
- The vaccines and their administration are covered at 100%.
- You do not need a prescription to receive a flu or pneumonia vaccine in Ohio. If you live outside of Ohio, check with the pharmacy.
- If the pharmacy asks you for payment, you are responsible for paying the bill and requesting reimbursement from your prescription drug plan. Ask for an itemized bill and proof of payment. Contact Express Scripts for a reimbursement form.

What if I use a vaccine clinic?

- Show your Aetna ID card.
- The vaccines and their administration are covered at 100%. The provider's office will need to bill the service as a "preventive service."
- If the vaccine clinic asks you for payment, you are responsible for paying the bill and requesting reimbursement from your medical plan. Ask for an itemized bill and proof of payment. Contact Aetna for a reimbursement form.

Contact information for your health plan is found on the back of your ID card.