



Important Flu, Pneumonia, and Shingles Vaccination Information for: AETNA MEDICARE PLAN (PPO)

The Centers for Disease Control and Prevention recommends the following adult immunization schedule:

- **Flu:** One dose every year
- **Pneumonia:** There are 2 types of pneumococcal vaccines. You should get 1 dose of PCV13 and at least 1 dose of PPSV23 depending on your age and health condition.
- **Shingles:** Two doses of Shingrix 2-6 months apart for adults age 50 or older regardless of past shingles episode or Zostavax vaccine

Always check with your doctor before receiving any vaccination. Also, consider taking advantage of any free vaccine offerings in your community.

Your Medical Plan Covers Flu and Pneumonia Vaccinations

What do I need to know if I go to my doctor's office?

- Show your Aetna Medicare ID card.
- The flu and pneumonia vaccines and their administration are covered at 100%.
- If the doctor's office asks you for payment, you are responsible for paying the bill and requesting reimbursement from your medical plan. Ask for an itemized bill and proof of payment. Contact Aetna for a reimbursement form.
- You may be responsible for an office visit co-pay if the doctor provides any other services during your appointment.

What if I go to a pharmacy?

- Show your Aetna Medicare ID card.
- The flu and pneumonia vaccines and their administration are covered at 100%.
- You do not need a prescription to receive these vaccines in Ohio. If you live outside of Ohio, check with the pharmacy.
- If the pharmacy asks you for payment, you are responsible for paying the bill and requesting reimbursement from your medical plan. Ask for an itemized bill and proof of payment. Contact Aetna for a reimbursement form.

What if I use a vaccine clinic?

- Show your Aetna Medicare ID card.
- The flu and pneumonia vaccines and their administration are covered at 100%.
- If the vaccine clinic asks you for payment, you are responsible for paying the bill and requesting reimbursement from your drug plan. Ask for an itemized bill and proof of payment. Contact Aetna for a reimbursement form.

Contact information for your health plan is found on the back of your ID card.

Your Prescription Drug Plan Covers the Shingles Vaccination

What do I need to know if I go to my doctor's office?

- Show your Express Scripts ID card.
- The shingles vaccine and its administration are covered at 100%.
- If the doctor's office asks you for payment, you are responsible for paying the bill and requesting reimbursement from your prescription drug plan. Ask the doctor's office for an itemized bill and proof of payment. Contact Express Scripts for a reimbursement form.
- You may be responsible for an office visit co-pay if the doctor provides any other services during your appointment.
- Your doctor's office may ask you to pick up the vaccine at a pharmacy prior to your appointment. Show your Express Scripts ID card to the pharmacist when purchasing the vaccine.

What if I go to a pharmacy?

- Show your Express Scripts ID card.
- The shingles vaccine and its administration are covered at 100% but you must use a provider that accepts Medicare.
- You do not need a prescription to receive the shingles vaccine in Ohio.
- If the pharmacy asks you for payment, you are responsible for paying the bill and requesting reimbursement from your prescription drug plan. Ask for an itemized bill and proof of payment. Contact Express Scripts for a reimbursement form.

What if I use a vaccine clinic?

- Show your Express Scripts ID card.
- The shingles vaccine and its administration are covered at 100% but you will need to use a clinic that accepts Medicare.
- If the vaccine clinic asks you for payment, you are responsible for paying the bill and requesting reimbursement from your prescription drug plan. Ask for an itemized bill and proof of payment. Contact Express Scripts for a reimbursement form.

Contact information for your prescription drug plan is found on the back of your ID card.